


# FitnessGram Export

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# FitnessGram Export

The extract file name is FG_Extract_SchoolYear_CampusID+.csv (e.g., FG_Extract_2019_001.csv).

If the district is submitting a district-wide FitnessGram file, copy each campus extract into one file, and remove the campus ID from the name (e.g., FG_Extract_2019.csv). Save the exported document as a .csv file.

| | Column | Type | Max Length | Valid Values | Description |
|---|---|---|---|---|---|
| A | SchoolID * | Alphanumeric | 50 | | CountyDistrictID-CountyDistrictID + Campus ID (e.g., 1010912-10109122001) |
| B | School Name | Alphanumeric | 50 | | Must be unique in the district. Ensure student IDs remain consistent year to tear to avoid duplication. |
| C | Test Date | Alphanumeric | 35 | | mm/dd/yyyy or m/dd/yyyy |
| D | StudentGrade * | Alphanumeric | 10 | 3-12 | |
| E | StudentGender * | Alphanumeric | 1 | m, f, M, F | |
| F | Height | Numeric | | | Expressed in inches. |
| G | Weight | Numeric | | | Expressed in pounds. |
| H | Skinfold Tricep | Numeric | | | If not available, use student's FirstInitial + MiddleInitial + LastInitial + Birthday (e.g., ABC010203). |
| I | Skinfold Calf | Numeric | | | The student's **E-mail** from Registration. If email address is not included, those student and parent reports cannot be sent. |
| J | 1 Mile Run (Minutes) | Numeric | | | Only used for districts using single sign on. |
| K | 1 Mile Run (Seconds) | Numeric | | 0-59 | |
| L | PACER Laps | Numeric | | 0-300 | |
| M | 1 Mile Walk (Minutes) | Numeric | | | |
| N | 1 Mile Walk (Seconds) | Numeric | | 0-59 | |
| O | 1 Mile Walk Hear Rate | Numeric | | | |
| P | Curl Up | Numeric | | 0-75 | |
| Q | Trunk Lift | Numeric | | 0-12 | Expressed in inches. |
| R | Push Up | Numeric | | 0-99 | |
| S | Modified Pull Up | Numeric | | | |
| T | Flexed Arm Hang | Numeric | | 0-999 | Expressed in seconds |
| U | Back Saver Sit & Reach-Left | Numeric | | 0-999 | Expressed in inches. |
| V | Back Saver Sit & Reach-Right | Numeric | | 0-12 | Expressed in inches. |
| W | Shoulder Stretch-Left | Numeric | | 1 or 2 | 1 = No; 2 = Yes |
| X | Shoulder Stretch-Right | Numeric | | 1 or 2 | 1 = No; 2 = Yes |
| Y | IsHispanicLatino | Alphanumeric | | 1, 0, or blank | 1 = Yes; 0 or blank = No |

| | Column | Type | Max Length | Valid Values | Description |
|---|---|---|---|---|---|
| Z | IsAmericanIndianAlaskaNative | Alphanumeric | | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AA | IsAsian | Alphanumeric | | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AB | IsBlackAfricanAmerican | Alphanumeric | | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AC | IsNativeHawaiianOtherPacificIslander | Alphanumeric | | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AD | IsWhite | Alphanumeric | | 1, 0, or blank | 1 = Yes; 0 or blank = No |

*Required

Notes:

- Staff data is from Human Resources > Maintenance > Staff Demo. If the district does not use ASCENDER Business, columns for staff information are blank.
- Do not use commas in the data fields; commas will cause the import to fail. If there is a comma in an email field, the email field will be blank when it is exported.
- Do not enter blank spaces in fields that will be empty.
- Do not insert blank rows into the file.




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