



# FitnessGram Export



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# FitnessGram Export

The extract file name is FG\_Extract\_SchoolYear\_CampusID+.csv (e.g., FG\_Extract\_2019\_001.csv).

If the district is submitting a district-wide FitnessGram file, copy each campus extract into one file, and remove the campus ID from the name (e.g., FG\_Extract\_2019.csv). Save the exported document as a .csv file.

|   | Column                       | Type         | Max Length | Valid Values   | Description   |
|---|------------------------------|--------------|------------|----------------|---|
| A | SchoolID *                   | Alphanumeric | 50         |                | CountyDistrictID-CountyDistrictID + Campus ID (e.g., 1010912-10109122001)   |
| B | School Name*                 | Alphanumeric | 50         |                | Must be unique in the district. Ensure student IDs remain consistent year to year to avoid duplication.                           |
| C | Test Date*                   | Alphanumeric | 35         |                | mm/dd/yyyy or m/dd/yyyy   |
| D | StudentGrade*                | Alphanumeric | 10         | 3-12           |   |
| E | StudentGender*               | Alphanumeric | 1          | m, f, M, F     |   |
| F | Height                       | Numeric      |            |                | Expressed in inches.  |
| G | Weight                       | Numeric      |            |                | Expressed in pounds.  |
| H | Skinfold Tricep              | Numeric      |            |                | If not available, use student's FirstInitial + MiddleInitial + LastInitial + Birthday (e.g., ABC010203).                          |
| I | Skinfold Calf                | Numeric      |            |                | The student's <b>E-mail</b> from Registration. If email address is not included, those student and parent reports cannot be sent. |
| J | 1 Mile Run (Minutes)         | Numeric      |            |                | Only used for districts using single sign on.   |
| K | 1 Mile Run (Seconds)         | Numeric      |            | 0-59           |   |
| L | PACER Laps                   | Numeric      |            | 0-300          |   |
| M | 1 Mile Walk (Minutes)        | Numeric      |            |                |   |
| N | 1 Mile Walk (Seconds)        | Numeric      |            | 0-59           |   |
| O | 1 Mile Walk Heart Rate       | Numeric      |            |                |   |
| P | Curl Up                      | Numeric      |            | 0-75           |   |
| Q | Trunk Lift                   | Numeric      |            | 0-12           | Expressed in inches.  |
| R | Push Up                      | Numeric      |            | 0-99           |   |
| S | Modified Pull Up             | Numeric      |            |                |   |
| T | Flexed Arm Hang              | Numeric      |            | 0-999          | Expressed in seconds  |
| U | Back Saver Sit & Reach-Left  | Numeric      |            | 0-999          | Expressed in inches.  |
| V | Back Saver Sit & Reach-Right | Numeric      |            | 0-12           | Expressed in inches.  |
| W | Shoulder Stretch-Left        | Numeric      |            | 1 or 2         | 1 = No; 2 = Yes   |
| X | Shoulder Stretch-Right       | Numeric      |            | 1 or 2         | 1 = No; 2 = Yes   |
| Y | IsHispanicLatino             | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No  |

|    | <b>Column</b>                        | <b>Type</b>  | <b>Max Length</b> | <b>Valid Values</b> | <b>Description</b>       |
|----|--------------------------------------|--------------|-------------------|---------------------|--------------------------|
| Z  | IsAmericanIndianAlaskaNative         | Alphanumeric |                   | 1, 0, or blank      | 1 = Yes; 0 or blank = No |
| AA | IsAsian                              | Alphanumeric |                   | 1, 0, or blank      | 1 = Yes; 0 or blank = No |
| AB | IsBlackAfricanAmerican               | Alphanumeric |                   | 1, 0, or blank      | 1 = Yes; 0 or blank = No |
| AC | IsNativeHawaiianOtherPacificIslander | Alphanumeric |                   | 1, 0, or blank      | 1 = Yes; 0 or blank = No |
| AD | IsWhite                              | Alphanumeric |                   | 1, 0, or blank      | 1 = Yes; 0 or blank = No |

\*Required

Notes:

- Staff data is from Human Resources > Maintenance > Staff Demo. If the district does not use ASCENDER Business, columns for staff information are blank.
- Do not use commas in the data fields; commas will cause the import to fail. If there is a comma in an email field, the email field will be blank when it is exported.
- Do not enter blank spaces in fields that will be empty.
- Do not insert blank rows into the file.



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