



# FitnessGram Export



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# FitnessGram Export

## (future release: Physical Fitness Assessment Initiative (PFAI) Export)

The extract file name is FG\_Extract\_SchoolYear\_CampusID+.csv (e.g., FG\_Extract\_2019\_001.csv).

If the district is submitting a district-wide FitnessGram file, copy each campus extract into one file, and remove the campus ID from the name (e.g., FG\_Extract\_2019.csv). Save the exported document as a .csv file.

|   | Column               | Type         | Max Length | Valid Values   | Description   |
|---|----------------------|--------------|------------|--|---|
| A | SchoolID *           | Alphanumeric | 9          | Only use whole numbers. Do not use hyphens. A leading zero is required if applicable to the School ID. | CountyDistrict+CampusNumber (6-digit County District Number + 3-digit Campus Number<br><i>Example: 001901 + 101</i> )   |
| B | School Name*         | Alphanumeric | 75         |  | Name of school.   |
| C | Test Date*           | Alphanumeric |            | Values may contain leading zeroes or not.<br><i>Example: 3/1/2021 or 03/01/2021</i>                    |   |
| D | StudentGrade*        | Alphanumeric | 10         | 3-12   | Single, alphanumeric characters for grade levels 3-9, or two digits for grade levels 10-12. Leading zeros are acceptable (03 or 3) On columns Y - AD, the value of 0 or blank should be <b>Not Selected</b> . |
| E | StudentGender*       | Alphanumeric | 1          | m, f, M, F   |   |
| F | Height               | Numeric      |            |  | Expressed in inches.  |
| G | Weight               | Numeric      |            |  | Expressed in pounds.  |
| H | Skinfold Tricep      | Numeric      |            |  |   |
| I | Skinfold Calf        | Numeric      |            |  |   |
| J | 1 Mile Run (Minutes) | Numeric      |            |  |   |
| K | 1 Mile Run (Seconds) | Numeric      |            | 0-59   |   |
| L | PACER Laps           | Numeric      |            | 0-300  |   |

|    | Column                               | Type         | Max Length | Valid Values   | Description              |
|----|--------------------------------------|--------------|------------|----------------|--------------------------|
| M  | 1 Mile Walk (Minutes)                | Numeric      |            |                |                          |
| N  | 1 Mile Walk (Seconds)                | Numeric      |            | 0-59           |                          |
| O  | 1 Mile Walk Heart Rate               | Numeric      |            |                |                          |
| P  | Curl Up                              | Numeric      |            | 0-75           |                          |
| Q  | Trunk Lift                           | Numeric      |            | 0-12           | Expressed in inches.     |
| R  | Push Up                              | Numeric      |            | 0-99           |                          |
| S  | Modified Pull Up                     | Numeric      |            | 0-999          |                          |
| T  | Flexed Arm Hang                      | Numeric      |            | 0-999          | Expressed in seconds     |
| U  | Back Saver Sit & Reach-Left          | Numeric      |            | 0-12           | Expressed in inches.     |
| V  | Back Saver Sit & Reach-Right         | Numeric      |            | 0-12           | Expressed in inches.     |
| W  | Shoulder Stretch-Left                | Numeric      |            | 1 or 2         | 1 = No; 2 = Yes          |
| X  | Shoulder Stretch-Right               | Numeric      |            | 1 or 2         | 1 = No; 2 = Yes          |
| Y  | IsHispanicLatino                     | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| Z  | IsAmericanIndianAlaskaNative         | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AA | IsAsian                              | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AB | IsBlackAfricanAmerican               | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AC | IsNativeHawaiianOtherPacificIslander | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No |
| AD | IsWhite                              | Alphanumeric |            | 1, 0, or blank | 1 = Yes; 0 or blank = No |

\*Required

Notes:

- Staff data is from Human Resources > Maintenance > Staff Demo. If the district does not use ASCENDER Business, columns for staff information are blank.
- Do not use commas in the data fields; commas will cause the import to fail. If there is a comma in an email field, the email field will be blank when it is exported.
- Do not enter blank spaces in fields that will be empty.
- Do not insert blank rows into the file.



## **Back Cover**